

# Lunch Week 2

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

## Monday

### Main Meal

Beef Ragu with Diced Herb Potatoes, Sweetcorn, Penne Pasta

### Plant Based / Vegetarian Main Meal

Vegetable Chilli with Diced Herb Potatoes, Sweetcorn, Penne Pasta

### Street Food

Piri Piri Chicken Wrap

### Takeaway Tubs

Penne Arrabiata  
*or*  
Tomato & Chorizo

### Pizza Slice

Margherita  
*or*  
Pepperoni

### Jacket Potato

Available daily with a range of delicious fillings

### Desserts

Flapjack

## Tuesday

Katsu Chicken Curry with Coconut Rice, Potato Wedges, Slaw

Spinich & Lental Curry with Coconut Rice, Potato Wedges, Slaw

Chicken Burrito

Penne Arrabiata  
*or*  
Tomato & Mascarpone

Margherita  
*or*  
Ham & Tomato

Available daily with a range of delicious fillings

Pear & Chocolate Sponge

## Wednesday

Roast Chicken with Roast Potatoes, Carrots, Broccoli

Quorn Roast Fillet with Roast Potatoes, Carrots, Broccoli

Folded Tikka Naan

Penne Arrabiata  
*or*  
Chicken & Tomato

Margherita  
*or*  
Chicken & Sweetcorn

Available daily with a range of delicious fillings

Apple Crumble & Custard

## Thursday

Pulled Pork with Cajun Wedges, Slaw, BBQ Beans

Mac & Cheese with Cajun Wedges, Slaw, BBQ Beans

Pulled Pork & Stuffing Wrap

Penne Arrabiata  
*or*  
Mac & Cheese

Margherita  
*or*  
American Hot

Available daily with a range of delicious fillings

Lemon Shortbread

## Friday

Battered Fish with Chips, Peas, Baked Beans

Sweet Potato Falafel Gyros with Chips, Peas, Baked Beans

Chicken Gyros

Penne Arrabiata  
*or*  
Roasted Vegetable

Margherita  
*or*  
BBQ Chicken

Available daily with a range of delicious fillings

Jam Victoria Sponge



## Meal Deal

Main Meal with vegetables and dessert



All of our main meals, sandwiches & desserts are freshly made on site every day.

