

Lunch Week 1

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Crispy Chicken Burger with Seasoned Wedges, Slaw, BBQ Beans	Beef Chilli with Spicy Rice, Green Salad, Nachos	Roast Gammon with Roast Potatoes, Carrots, Peas	Chicken Tikka Masala with Pilaf Rice, Green Beans, Bombay Potatoes	Battered Fish with Chips, Peas, Baked Beans
Plant Based / Vegetarian Main Meal	Veggie Burger with Seasoned Wedges, Slaw, BBQ Beans	Vegetable Chilli with Spicy Rice, Green Salad, Nachos	Quorn Roast Fillet with Roast Potatoes, Carrots, Peas	Sweet Potato & Chickpea Curry with Pilaf Rice, Green Beans, Bombay Potatoes	Sweet Potato Falafel Gyros with Chips, Peas, Baked Beans
Street Food	Piri Piri Chicken Wrap	Chicken Burrito	Folded Tikka Naan	Pulled Pork & Stuffing Wrap	Chicken Gyros
Takeaway Tubs	Penne Arrabiata <i>or</i> Tomato & Chorizo	Penne Arrabiata <i>or</i> Tomato & Mascarpone	Penne Arrabiata <i>or</i> Chicken & Tomato	Penne Arrabiata <i>or</i> Mac & Cheese	Penne Arrabiata <i>or</i> Roasted Vegetable
Pizza Slice	Margherita <i>or</i> Pepperoni	Margherita <i>or</i> Ham & Tomato	Margherita <i>or</i> Chicken & Sweetcorn	Margherita <i>or</i> American Hot	Margherita <i>or</i> BBQ Chicken
Jacket Potato	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings
Desserts	Jam Sponge with Custard	Chocolate Brownie	Apple Crumble & Custard	Banana Home Bake	Orange Oatmeal Cookie



Meal Deal

Main Meal with vegetables and dessert



All of our main meals, sandwiches & desserts are freshly made on site every day.

