# Shrewsbury Academy 0

Part of the Marches Academy Trust

Jalking Heads 🕡

#### Monday 14<sup>th</sup> October 2024

### **Dear Families**

As part of our commitment to improvement, we regularly undertake reviews from both within the Marches Academy Trust, and from other experts. As part of this, we sample the views of students and this week we heard lots of positive feedback.

Students are routinely telling us they feel safe in school and if there are concerns, we support them with their issues and we try to help them reach a resolution. They are telling us that learning is good in classrooms, and we are building routines in how we manage students' behaviour consistently. They are also telling us that they are enjoying learning more than ever before and they have ambition for themselves. They believe they are capable of achieving their goals and targets.

I also met with James Staniforth, Principal of Shrewsbury College on Friday this week. He informed me of the successes of many of our past students that have attended Shrewsbury College and completed their A levels. This year has been amazing successful, with our ex-pupils gaining superb A level results and gaining places at the countries top Universities.

I feel very proud to be part of the Academy at such a positive time.



## The Haughmond Opening

As part of our final transition evening this week, the Haughmond building was officially opened by our students and Marches Academy Trust CEO, Sarah Finch. The building is where our 'Shore' will be, which is our dedicated year 7 space. Ryan Jervis MBE our chair of governors spoke to parents and thanked the Trust for their efforts in securing the new facilities.

In our Shore there is a year 7 canteen, 13 state of the art classrooms, toilets and student learning support rooms. It is a unique and bespoke transition opportunity that enables us to focus on a curriculum that will support our new intake. We are firmly targeting literacy and numeracy to help our young people engage in their broader learning.



## **Fitness Sessions Before School**

I've worked in many schools over the years, but I have never before, witnessed the engagement in before school sports sessions, including football and fitness like at Shrewsbury Academy. We regularly have upwards of 50 students on site before school taking advantage of the facilities. Student wellbeing and mental health is supported greatly by these opportunities.



Our Fitness Suite is open every morning from 7.30am - 8.30am (Staffed by our PE Department) It is also open every afternoon from 3.10pm to 4.10pm (except Thursdays). That's 9 potential fitness sessions that you could attend. Whether it be a spin bike session, cardio or resistance training, the Fitness Suite is fully equipped to meet all of your Fitness needs. There are no monthly fees and all absolutely free. We simply ask for a determined attitude.

## **Interhouse Competitions at Shrewsbury Academy**

Autumn 1: PE interhouse competition: FOOTBALL. If students would like to sign up, they need to come down to the PE department to put their name down on the team sheet for their year group.

The competitions will run afterschool from 15.10-16.10pm.

YEAR GROUP	DATE/S	ACTIVITY	WHERE	WHEN
Year 7	Monday 7th Oct	Girls Football	Prima Play	Afterschool
Teal /	Tuesday 15th Oct	Boys Football	FTIITIa Flay	Afterschool
Year 8	Friday 11th Oct	Girls Football	Prima Play	Afterschool
Tear o	Friday 11 <i>th</i> Oct	Boys Football	FIIMa Flay	Afterschool
Year 9	Tuesday 15th Oct	Girls Football	Prima Play	Afterschool
Tear 9	Wednesday 16th Oct	Boys Football	FIIMa Flay	Afterschool
Year 10	Tuesday 15th Oct	Girls Football	Drive a Diau	Afterschool
fear 10	Wednesday 16th Oct	Boys Football	Prima Play	Afterschool
Year 11	Monday 11 <i>th</i> Oct	Boys Football	Prima Play	Afterschool
Tear II	Tuesday 15th Oct	Girls Football	гппа гау	Afterschool



#### Shrewsbury Academy Spotlight - What Are the Signs of ADHD?

All young people will struggle at times to pay attention, listen and follow directions, sit still, or wait their turn. But for young people with ADHD, the struggles are harder and more often.

Young people with ADHD can show signs in different areas. They might be:

- **Inattentive.** Young people who are inattentive (easily distracted) have trouble focusing their • attention, concentrating, and staying on task. They may not listen well to directions, may miss important details, and may not finish what they start. They may daydream or dawdle too much. They may seem absent-minded or forgetful and lose track of their things.
- **Hyperactive.** Young people who are hyperactive are fidgety, restless, and easily bored. They • may have trouble sitting still or staying quiet when required. They may rush through things and make careless mistakes. They may climb, jump, or roughhouse when they shouldn't. Without meaning to, they may act in ways that disrupt others.
- Impulsive. Young people who are impulsive, act too quickly before thinking. They often interrupt, might push or grab, and find it hard to wait. They may do things without asking for permission, take things that aren't theirs, or act in ways that are risky. They may have emotional reactions that seem too intense for the situation.



## Supporting a Child with ADHD



Challenge the stereotypes and get practical help Tuesday 24th Sept (7pm to 9pm) £24 Available to book now facefamilyadvice.co.uk



Shrewsbury Academy 🔟 Part of the March

## **Student Support Queries**

If you have concerns regarding a student's learning needs, would like to request additional support/advice please complete the internal SEND referral form and send it to the following email address: <u>sendadmin@shr.mmat.co.uk</u>. Our Student Support Department are now based in the Hub area of the Haughmond Building, taking advantage of their new amazing facilities, life skills cooking area, and outdoor learning spaces. The entrance is off **East Crescent** on the South side of the campus.





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Some of our students have severe allergies. Please respect our drive to be a 'nut free school.' Always leave snacks and foods containing nuts at home.





John Campion Police and Crime Con West Mercia



#### Protect our children!

Parents and guardians: Our kids are now most commonly abused online, via their mobile phones and games consoles. Do you know how to keep your kids safe?

Learn more about the dangers of kids being online and how you can keep them safe. Join our free one hour online parent awareness session to give yourself a head start in an ever changing digital world.

Scan the QR code to find out more about our awareness training and to sign up to one of our free sessions or go to www.westmercia.police.uk/exploitworkshops



## **NEWS**

#### Click here to view our latest news articles.

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Why not also follow us on Facebook @ShrewsburyAcademy for a wealth of content, from student, staff and school celebrations, to competitions. We encourage you to get interactive with our posts!

To hear about news from across the Trust, why not also follow @MarchesAcademyTrust.

Want to work for the Marches Multi Academy trust? Follow the link below:

https://www.marchesacademytrust.co.uk/joining-us/how-to-join



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