

Physical Education Clubs Programme 2023

| Day | Before School | After School |
|------------------|---|--|
| Monday | All Years – Fitness – Mr Rogers (Fitness Suite) | Year 10 and 11 – Netball – Miss Weaver (Front Yard) All Years Rugby – Mr Dobson (Back Field) All Years – Girls Football – Mr Jones (Front Yard) All Years – Basketball – Mr Lawrenson and Mr Ward (Gym) |
| Tuesday | All Years – Fitness – Mr Lawrenson (Fitness Suite) Year 7 – Football – Mr Rogers (Front Field) | Year 10 – Football – Mr Dobson (Front Yard) All Years – Fitness – Mr Lawrenson – (Fitness Suite) Year 10 and 11 Cambridge National Intervention – Miss Weaver (ICT3) |
| Wednesday | Year 8 – Football – Mr Rogers (Front Field) All Years – Fitness – Mr Dobson (Fitness Suite) | Year 9 Football – Mr Lawrenson (Front Field) Year 7-9 Netball – Miss Weaver (Front Yard) All Years – Fitness – Mr Dobson – (Fitness Suite) |
| Thursday | All Years – Fitness – Miss Weaver (Fitness Suite) | School Meetings. (No Clubs) |
| Friday | Year 11 – Football – Mr Rogers – (Front Field) All Years – Fitness – Mr Dobson (Fitness Suite) | All Years – Fitness – Mr Dobson – (Fitness Suite) All Years – Multi Sports (Badminton and Table Tennis) – Mr Jones (Gym) |

Details:

All Before school clubs will run until 8.30am. After school clubs will run until 4.10pm

Please speak to the member of staff who is running the club if further details required.

Full PE kit is always expected to be worn for all extra-curricular activities. There is an expectation that attendance at clubs to play in teams