

# Literacy Bulletin

## Euphoria

[ yoo-**fawr**-ee-uh ]  
noun

feeling or generating intense happiness, confidence, and a sense of well-being:

### ORIGIN OF EUPHORIA

First recorded in 1880–85; from New Latin, from Greek *euphoría* “state of well-being”

### HOW TO USE EUPHORIA IN A SENTENCE

Despite the *euphoria* I felt from being honest with them, I kept my identity close to my chest.

### Book recommendation

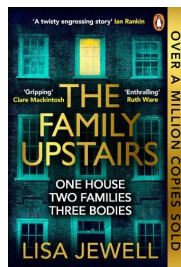
#### The family upstairs by Lisa Jewell

In a large house in London's fashionable Chelsea, a baby is awake in her cot. Well-fed and cared for, she is happily waiting for someone to pick her up.

In the kitchen lie three decomposing corpses. Close to them is a hastily scrawled note. They've been dead for several days.

Who has been looking after the baby?  
And where did they go?

Two entangled families. A house with the darkest of secrets. A compulsive new thriller from Lisa Jewell.



### How can I improve my own reading?

#### Tip #3 - prepare before you read

Start asking questions and thinking about the text before you read to prepare your brain for comprehension.

If you're reading an informational piece, such as a text-book, scan the chapter first. Read the headings, subheadings, captions, and questions at the end of the chapter. This helps you understand what you can expect to read.

For any type of text, think of questions that help you focus, such as where the book takes place, what topic it covers, what themes will show up, and what the main topic is. You don't need the answers to those questions before you start reading. Simply get them in your head, so you start looking for the answers as you read.