

Encouraging Independence

Information For Parents and Carers

Did you know?



Developing independence has many benefits: increased academic success, increased motivation and confidence and improved awareness of their own strengths and weaknesses, as well as how to manage these.

Independent learning isn't about working alone. Teachers and parents still need to support and enable the learning that is needed in this time so that it is structured, productive and effective. We can't expect children to just 'know' how to work independently as well as effectively; they will need some guidance and support.

Independent learning is most effective when students can be encouraged to self-regulate their own learning and behaviour.

What can you do?



Discuss the different ways your child could study, whether through booklets or textbooks, apps and other options. There are many ways to revise and most students have a preference, but often a combination is the most effective. Subject specific websites can dovetail well into a revision schedule, alongside practice questions and revision of topics that they are unsure of.



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Key

Points

Discuss your child's areas of strength and weakness, across the subject range they are studying, but also within each subject and topic. Independence isn't just about working – it's about reflecting on their progress and performance and considering where their time would be best spent.

If your child doesn't know already, ask their class teachers to highlight what your child needs to do next to improve their grade. This will help structure their revision whilst also developing their independence.