## **Using Flashcards**

Information For Parents and Carers

## Did you know?

How tall is Mount Everest?

8,848 metres above sea level

Using flashcards is a repetition strategy. They are a simple 'cue' on the front and an 'answer' on the back. Flashcards engage students in "active recall", which means they are creating connections with their memory.

FRONT BACK

Research shows that using flashcards can enhance long-term learning and help students to memorise facts quickly. Flashcards are not an effective method for last-minute cramming!

Studies have found that it's more effective to **review a whole stack** of **cards in one sitting** rather than to carry them around and have students' glance at them every so often.

## What can you do?

Encourage your child to make flash cards as part of their revision strategy. The key is to have a **question or key term** on one side and the **answer or definition** on the other. Suggest using different colours for topics to help categorise information and to keep them neat. Flashcards containing just notes are not effective.

Try testing your child using the flashcards and give them time to digest the question before answering. If they get the answer right, don't discard the card – they need to keep repeating it again and over time.



When using the flashcards help your child review their cards using a system. With your child read through this article which explains how to use flashcards effectively using a system approach: <a href="https://www.parent24.com/Learn/School-exams/watch-how-to-study-using-flashcards-20160825">https://www.parent24.com/Learn/School-exams/watch-how-to-study-using-flashcards-20160825</a>