

## WEEKLY 'HEAD'-LINES

Dear Parents and Carers,

I hope that all families had the opportunity to enjoy at least a few days of relaxation during the Easter break. Teachers have been busy uploading more work onto [mrrscience.com](http://mrrscience.com) and we have been very impressed with lots of high quality work that has been completed by students.

I would like to continue to push the use of [mrrscience.com](http://mrrscience.com) as the key area of resource. Using this alongside making sure your child is in e-mail contact with their teacher is the best way to ensure consistency of learning so that all students have the same access to learning.

I would also like to remind students/parents of the Pastoral e-mail address that is checked throughout every day by our fabulous Pastoral team to help you with any non-academic queries their e-mail address is: [SApastoral@sa.sat.coop](mailto:SApastoral@sa.sat.coop).

Looking at helping our Year 11 students specifically I would like to encourage students to start accessing reading list for their potential 6<sup>th</sup> form destinations.

Those students who are going onto study at Shrewsbury College can access this through <https://www.scg.ac.uk/pre-entrol> We will endeavour to provide reading lists from other 6<sup>th</sup> form establishments during the next week as we set these, and I strongly recommend that you contact future destinations to access these.

Like many people, I was inspired by the efforts of Captain Tom Moore during the last week, I am lucky enough to have a grandmother who is approaching 99 years old and she has taken up a similar challenge this week in her garden! The students that are in school were equally inspired and we will be attempting to do an in school 5k next Monday. The students are busy planning their route using the limitations of the school grounds and we will be recording a sharing our efforts. I would like everyone at home to consider how they too might find innovative ways of completing a 5k, be it all at once, or even broken down into different time slots.

As you know I am a huge football fan and one of my great heroes, Johan Cruyff once said that 'Every disadvantage has its own advantage' I relate this closely to the situation that we are experiencing now.

I would urge everyone to take an opportunity to expand their minds and to try to learn something new that is of interest so that everyone becomes an expert in something.

Take care everyone and stay safe.

Mr Jon Arnold  
**Headteacher**



## NOTICES

### Daily blog

Our students are doing a daily blog to record the work they are doing and provide them with something to look back on in years to come. We will put blogs in our bulletin each week.

### Tuesday 21<sup>st</sup> April

*Victoria Sandwich making with Jan Everest and Nicki Higgins*

A rare find! Self-raising flour on the supermarket shelf which was the excellent opportunity to prepare and cook a Victoria Sandwich cake for today's practical task.

The cakes were flavoured with a choice of vanilla, cocoa powder or orange. Students carried out the creaming method with some professionalism as each cake rose beautifully. The cakes were cooled and later decorated with butter icing. Some students also showed off their piping skills.

Very well done everyone.



### Student Work

Congratulations to the following students who have completed work to an extremely high standard:

#### Year 9 photography

Bethan Price  
Will Harrill

#### Art

Lily-Ella Edwards Year 8  
Sophie Slim Year 9  
Ethan Dudley Year 7  
Matthew Lloyd Year 7

#### MFL

Liam Binnion Year 7  
Oliver Jones Year 7  
Goda Lisaite Year 7  
Carys Binnion Year 9  
Cameron Jennings Year 9  
Alex Howell Year 9  
Connor Peters Year 9  
Ella Williams Year 9  
Georgia Serplet Year 10

#### ICT

Chloe Tomley  
Carys Binnion  
Georgia Serplet  
Leo Robson

#### Humanities

Joshua Mills Year 8

#### English Challenge Week 2 Winner

Holly Moore - Frankenstein Retelling

#### Maths

Jake Wood  
Lucy Arrowsmith  
Riley Craig  
Jay Miller  
Mollie Williams and Lewis Highfield  
Freddie Blundell

### Sharing Work

We wanted to provide somewhere for students to share their work during the school closure. At the top of our [Facebook](#) page, on Monday there will be a pinned post. Drop work into the comments with student name and we will pick a few each week to share on our Facebook feed. So please contribute as much as you can, show how brilliant and imaginative our students are and send us your contributions – the more the better. Despite this current situation it is important we all stick together, keep our school running and show we are all part of one community.

### Competition

Gold medallist and British and European sprint record holder Mickey Bushell MBE has set students within The Marches Academy Trust a press up challenge!

👊 Mickey managed an impressive 74 in 60 seconds - how many can you do? For a chance to win a medal, post a video of your attempt in the comments on our Mickey Bushell Facebook post. Watch Mickey in action at the following link 📺

<https://m.youtube.com/watch?v=qJbjLYjR6Sc>

### Trust Newsletter

The Marches Academy Trust Spring Newsletter has been published. It is packed with highlights from Cross-Trust activities that pupils have partaken in and is available to view by [clicking here](#).

Bitesize have launched their daily lessons today – this week's schedule is on the link below, a page for each year group.

[https://bam.files.bbci.co.uk/bam/live/content/zr9bgwx/pdf#sa-link\\_location=blocks&intlink\\_from\\_url=https%3A%2F%2Fwww.bbc.co.uk%2Fbitesize%2Farticles%2Fznbncsw&intlink\\_ts=1587376213584-sa](https://bam.files.bbci.co.uk/bam/live/content/zr9bgwx/pdf#sa-link_location=blocks&intlink_from_url=https%3A%2F%2Fwww.bbc.co.uk%2Fbitesize%2Farticles%2Fznbncsw&intlink_ts=1587376213584-sa)

and then there is a daily schedule which tells you in more detail what each lesson is about

<https://www.bbc.co.uk/bitesize/tags/zr7447h/year-10-lessons/1>

A link is going onto mrrscience but students can access via the website/the red button/iplayer.

## KEEPING CALM

Feeling a certain amount of concern or worry is natural when we encounter difficult or unsettling times. [Click here](#) to view a video demonstrating an introduction to mindfulness. It explains how mindfulness can help rewire the brain to work in calmer and more positive ways. You can also listen to this guided [audio clip](#) alongside it, and take a look at this mindfulness [PDF](#) as supplementary resources.



## USEFUL CONTACTS

<b>Shropshire Public Health Nursing Service</b>	0333 358 3654
<b>Compass</b>	0345 678 9021
<b>Early Help</b>	<a href="https://shropshire.gov.uk/early-help/">https://shropshire.gov.uk/early-help/</a>
<b>Parenting Team</b>	01743 250950
<b>SEND Local Offer</b>	<a href="https://www.shropshire.gov.uk/the-send-local-offer/">https://www.shropshire.gov.uk/the-send-local-offer/</a>

## WEBSITE QUICK LINKS



Please click on the following useful links to find out more.

- [News](#)
- [Home Learning](#)
- [Term Dates](#)



## FACEBOOK

Please follow us on Facebook [@ShrewsburyAcademy](#) for supplementary home learning ideas, news and feel good stories. We also encourage you to share your ideas and interact with our posts!

For news from across the Trust, why not also follow [@MarchesAcademyTrust](#).



Shrewsbury Academy, Corndon Crescent, Shrewsbury, SY1 4LL  
01743 276700  
[enquiries@sa.sat.coop](mailto:enquiries@sa.sat.coop)  
[shrewsburyacademy.co.uk](http://shrewsburyacademy.co.uk)



[@ShrewsburyAcademy](#)